



Fall 2018

Dear Friends of Grace Center,

The leaves are falling and there's a chill in the air. The holiday season will be here before you know it!

Friends and families will gather and enjoy each other's company. However, some families will be worried about how to keep their loved ones in their own home for as long as possible. Other families will be challenged in caring for a loved one with a cognitive or physical disability. These community members **need your support**.

Grace Center helps its participants and their caregivers lead lives that are lower in stress and more stable. Families report that their loved ones are **happier, stronger, more independent, and easier to care for** because of their participation at Grace Center. A family caregiver of a loved one with Alzheimer's disease said of Grace Center:

*It's like a second home to my husband; he really enjoys coming. I can't begin to describe how wonderful it's been for me! I have free time to do the things I can't do when he's home such as meet my friends for lunch or go shopping. I know he is being well cared for and doing very productive things. I tell everybody, 'Grace Center is a lifesaver for me!'*

It's comforting to know that when our friends and family are in need, Grace Center is there. **Your gifts** help to meet the needs of this growing segment of our community.

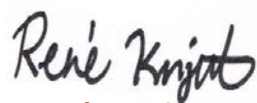
That's why our goal is to raise **\$50,000 by December 31<sup>st</sup>**. By helping us reach this amount, you are supporting Grace Center in its continued ability to provide respite, memory care, and post rehabilitation therapy for your community.

Grace Center is only able to provide these important services because of the generosity from friends like you. During this season of **gratitude and giving**, we hope you will join in supporting the **Grace Center**.

Warm Wishes,



Heidi Igarashi  
President



Rene Knight  
Director of Operations



Tera Stegner  
Director of Community Relations