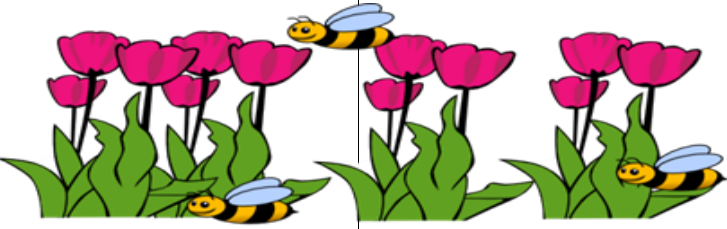




April 2018



Monday	Tuesday	Wednesday	Thursday	Friday
Ground Beef Meatloaf 2 Oven Roasted Red Potatoes Veggies WG Biscuit Cottage Cheese w/Fruit	Herb Chicken Thighs 3 Baked Beans Veggies Fruit Salad WG Biscuit	Chicken Salad 4 On WG Croissant Minestrone Soup Veggies Fruit	WG Spaghetti w/Meatballs 5 WG Garlic French Bread Caesar Salad Fruit Milk	Chicken Teriyaki w/ 6 WG Rice Veggies WG Roll Fruit
Pizza on WG Crust 9 Caesar Salad Fruit Milk	Salisbury Steak w/ Gravy 10 Garlic Mashers Veggies WG Roll Fruit Milk	Ground Beef Lasagna (WG) Veggies 11 Fruit WG Garlic Bread Milk	Sliced Turkey 12 with Cranberry Sauce Mashed Potatoes w/Gravy Veggies WG Roll Fruit Milk	Baked Potato Bar *** 13 Veggies WG Muffin Fruit Milk
Cheeseburger on WG Bun Lettuce & Tomatoes 16 Jo-jo's Fruit Milk	Chicken Fettuccini (WG) 17 Mixed Field Greens Salad WG Garlic French Bread Fruit Milk	Tater Tot Casserole w/ Ground Beef 18 Cherry Tomato Salad WG Muffin Fruit Milk	Hot Dogs on WG Bun 19 WG Mac N Cheese Bake Veggies Fruit Jello Milk	Pulled Pork on WG 20 Hoagie Bag of Chips Veggies Fruit Milk
Egg Salad on WG Croissant Vegetarian Lentil Soup 23 WG Crackers Fruit Milk	Chicken Tamale Pie Bake 24 Sour Cream & Salsa WG Tortilla Chips Mixed Field Greens Salad Fruit Milk	Chicken Pot Pie 25 Spinach Strawberry Salad WG Biscuit Fruit Milk	Club Sub on WG Bun 26 Cream Broccoli Cheese Soup Fruit Milk	Chicken Patty Burger on WG Bun 27 Broccoli Salad Chips Veggies, Fruit, Milk
Cheesy Egg Bake 30 w/Veggies Sausage Links WG French Toast w/Strawberries Milk			<div style="border: 1px solid black; padding: 5px;"> <p>Milk Lochmead Dairy All milk served is 1%/non-fat unflavored or non-fat flavored milk for adult participants.</p> </div>	<p><i>USDA and this institution are equal Opportunity pro- viders and employers</i></p>


Dental Procedures

We are moving forward with the Dental Program. Appointments are available for Thursday April 12th. Send back your completed forms and schedule a time. If you have any questions or wish to schedule please contact Nurse Lee at 541-754-8417 or nurse@gracecenter-corvallis.org

April is National Poetry Month, Autism Awareness Month, National Month of Hope, National Garden Month, Keep America Beautiful Month, Stress Awareness Month, and National Volunteer Month.

OUTINGS:

With the weather beginning to warm up, (they say Spring is here!), we are going on two Earthy outing. The Willamette Agate and Mineral Show at the Polk County Fairgrounds on Friday April 13th from 11 am. to 3 pm.. Then a trip to Garland Nursery on Tuesday April 24th 1:00-3:00 pm., we hope to see some wonderful flowers in bloom!



***BAKED POTATO BAR INCLUDES: POTATO, TACO MEAT, MELTED CHEESE, TOMATOES, GREEN ONIONS, COOKED BROCCOLI, SOUR CREAM & SALSA
Legend: WG = Whole Grain