


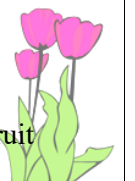



April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Cheeseburger on WG Bun Lettuce & Tomatoes Jo-jo's Fruit Milk 1	Chicken Fettuccini (WGR) Mixed Field Greens Salad WGR Garlic French Bread Fruit Milk 2	Orange Chicken w/WGR Pasta Broccoli WGR Muffin Fruit Milk 3 	Hot Dogs on WGR Bun WGR Mac N Cheese Bake Veggies Fruit Jello Milk 4	Pulled Pork on WGR Hoagie Bag of Chips Veggies Fruit Milk 5
Egg Salad on WGR Croissant Homestyle Chicken Noodle Soup WGR Crackers Fruit Milk 8 	Veggie Chili with (WGR) Cornbread Bowl Sour Cream, Green Onions & Cheese Mixed Field Greens Salad Fruit Milk	Chicken Pot Pie Spinach Strawberry Salad WGR Biscuit Fruit Milk 10	Club Sub on WGR Bun Clam Chowder Soup Fruit Milk 11	Chicken Patty Burger on WGR Bun Broccoli Salad Chips Fruit, Milk 12
Cheesy Egg Bake w/Veggies Sausage Links WGR French Toast w/Strawberries Milk 15	Tuna & Cheese Melt On WGR Bread Tomato Ravioli Soup WGR Crackers Veggies Fruit, Milk 16	Fish (WGR Breading) WG Rice Medley Veggies WGR Biscuit Fruit Milk 17	BBQ Chicken Thighs Potato Salad Veggies WGR Cornbread Fruit Milk 18	Chicken Enchiladas WGR Tortillas Refried Beans WG Spanish Rice Salsa & Sour Cream Fruit Milk 19 
Chicken Teriyaki w/ WG Rice Veggies WGR Roll Fruit Milk 22	Ground Beef Meatloaf Oven Roasted Red Potatoes Veggies WGR Biscuit Milk Cottage Cheese w/Fruit 23 	24 <h2 style="margin: 0;">Closed for Staff Training</h2>		Chicken Salad On WGR Croissant Minestrone Soup Veggies Fruit Milk 25
Baked Potato Bar *** Veggies WGR Muffin Fruit Milk 29	Pizza on WGR Crust Caesar Salad Fruit Milk 30	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p style="text-align: center; margin: 0;">Milk Lochmead Dairy All milk served is 1%/non-fat unflavored or non-fat flavored milk for adult participants.</p> </div>		WGR Spaghetti With Meatballs WGR Garlic French Bread Caesar Salad Fruit Milk 26
				<i>USDA and this institution are equal Opportunity providers and employers</i>

Outings for April

The weather did not cooperate for us when in March we tried to go to Garland Nursery. So we are trying again! Monday April 8th we are going to Garland Nursery. We will look at all the beautiful flowers



and plants. We will buy a few plants to enhance our garden! We are going to working out in the garden more as the weather permits.

Our second outing for the month will be on Friday April 26th. We will be visiting the 36th Annual Fine Woodworking Exhibit at the Corvallis Public Library. The Exhibit is sponsored by the Mid-Willamette Woodworkers Guild and will include pieces by their members and students from local high schools.



HAPPY EASTER

***BAKED POTATO BAR INCLUDES: POTATO, TACO MEAT, MELTED CHEESE, TOMATOES, GREEN ONIONS, COOKED BROCCOLI, SOUR CREAM & SALSA
Legend: WG = Whole Grain WGR = Whole Grain Rich