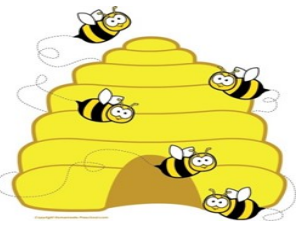


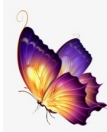







June 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>USDA and this institution are equal Opportunity providers and employers</i></p>		<p><b>Milk</b> Lochmead Dairy All milk served is 1%/non-fat unflavored or non-fat flavored milk for adult participants.</p>		<p>Club Sub on WG Bun 1 Cream Broccoli Cheese Soup Fruit Milk</p>
<p>Chicken Enchiladas 4 WG Tortillas Refried Beans WG Spanish Rice Salsa &amp; Sour Cream Fruit Milk</p>	<p>Cheesy Egg Bake 5 w/Veggies Sausage Links WG French Toast w/Strawberries Milk</p>	<p>Tuna &amp; Cheese Melt 6 On WG Bread Tomato Ravioli Soup WG Crackers Veggies Fruit, Milk</p> 	<p>Fish 7 WG Rice Medley Veggies WG Biscuit Fruit Milk</p>	<p>BBQ Chicken Thighs 8 Potato Salad Veggies WG Cornbread Fruit Milk</p>
<p>WG Spaghetti 11 with Meatballs WG Garlic French Bread Caesar Salad Fruit Milk</p>	<p>Chicken Teriyaki w/ 12 WG Rice Veggies WG Roll Fruit Milk</p>	<p>Ground Beef Meatloaf 13 Oven Roasted Red Potatoes Veggies WG Biscuit Cottage Cheese w/Fruit Milk</p>	<p>Herb Chicken Thighs 14 Baked Beans Veggies Fruit Salad WG Biscuit Milk</p>	<p>Chicken Salad 15 On WG Croissant Minestrone Soup Veggies Fruit Milk</p> 
<p>Sliced Turkey 18 with Cranberry Sauce Mashed Potatoes w/Gravy Veggies WG Roll Fruit Milk</p> 	<p>Baked Potato Bar *** 19 Veggies WG Muffin Fruit Milk</p> 	<p>Pizza on WG Crust 20 Caesar Salad Fruit Milk</p>	<p>Salisbury Steak w/ Gravy 21 Garlic Mashers Veggies WG Roll Fruit Milk</p>	<p>Ground Beef Lasagna (WG) 22 Veggies Fruit WG Garlic Bread Milk</p>
<p>Hot Dogs on WG Bun 25 WG Mac N Cheese Bake Veggies Fruit Jello Milk</p>	<p><b>CLOSED</b> 26 <b>For an Educational Class</b></p>	<p>Cheeseburger on 27 WG Bun Lettuce &amp; Tomatoes Jo-jo's Fruit Milk</p>	<p>Chicken Fettuccini (WG) 28 Mixed Field Greens Salad WG Garlic French Bread Fruit Milk</p> 	<p>Tater Tot Casserole 29 With Ground Beef Cherry Tomato Salad WG Muffin Fruit Milk</p>

\*\*\*BAKED POTATO BAR INCLUDES: POTATO, TACO MEAT, MELTED CHEESE, TOMATOES, GREEN ONIONS, COOKED BROCCOLI, SOUR CREAM & SALSA  
Legend: WG = Whole Grain

### June Outings

Our trips to the Albany Carousel are so popular that we are going one more time before summer starts. We will be going on Monday June 11th around 1:00.



Our second outing for the month is a trip to the Corvallis Farmer's Market on Wednesday June 27th at 10:30. We will tour the market, have a picnic lunch and drive around the downtown area to find the beautiful murals and artwork.



### Summer is coming!!!

Remember to drink plenty of fluids, and use a sun hat and sunscreen.  
**Stay cool!!!**

