



May 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p>Milk Lochmead Dairy All milk served is 1%/non-fat unflavored or non-fat flavored milk for adult participants.</p> </div>	Tuna & Cheese Melt 1 On WG Bread Tomato Ravioli Soup WG Crackers Veggies Fruit, Milk	Fish 2 WG Rice Medley Veggies WG Biscuit Fruit Milk	BBQ Chicken Thighs 3 Potato Salad Veggies WG Cornbread Fruit Milk	Chicken Enchiladas 4 WG Tortillas Refried Beans WG Spanish Rice Salsa & Sour Cream Fruit
Chicken Teriyaki w/ 7 WG Rice Veggies WG Roll Fruit Milk	Ground Beef Meatloaf Oven Roasted Red Potatoes Veggies WG Biscuit Cottage Cheese w/Fruit Milk	Herb Chicken Thighs 9 Baked Beans Veggies Fruit Salad WG Biscuit Milk	Chicken Salad 10 On WG Croissant Minestrone Soup Veggies Fruit Milk	WG Spaghetti 11 with Meatballs WG Garlic French Bread Caesar Salad Fruit Milk
Baked Potato Bar *** 14 Veggies WG Muffin Fruit Milk	Pizza on WG Crust Caesar Salad Fruit Milk	Salisbury Steak w/ Gravy 16 Garlic Mashers Veggies WG Roll Fruit Milk	Ground Beef Lasagna (WG) 17 Veggies Fruit WG Garlic Bread Milk	Sliced Turkey 18 with Cranberry Sauce Mashed Potatoes w/Gravy Veggies WG Roll Fruit Milk
Pulled Pork on 21 WG Hoagie Bag of Chips Veggies Fruit Milk	Cheeseburger on WG Bun Lettuce & Tomatoes Jo-jo's Fruit Milk	Chicken Fettuccini (WG) 23 Mixed Field Greens Salad WG Garlic French Bread Fruit Milk	Tater Tot Casserole w/ 24 Ground Beef Cherry Tomato Salad WG Muffin Fruit Milk	Hot Dogs 25 on WG Bun WG Mac N Cheese Bake Veggies Fruit Jello Milk
Closed for the 28 Memorial Day Holiday	Egg Salad on WG Croissant Vegetarian Lentil Soup WG Crackers Fruit Milk	Chicken Tamale Pie Bake 30 Sour Cream & Salsa WG Tortilla Chips Mixed Field Greens Salad Fruit Milk	Chicken Pot Pie 31 Spinach Strawberry Salad WG Biscuit Fruit Milk	<i>USDA and this institution are equal Opportunity providers and employers</i>

Outing for the Merry Month of May:

We are going to the Benton County Historical Museum on



Wednesday May 2nd to see their display on Benton County in the 1920's. It will be an interesting visit seeing items from the recent past.

On Friday May 25th we are headed over to the Albany Carousel! This will be our fourth trip. We continue to have interest in seeing the animals and riding the carousel. More animals are being worked on and the public can watch the hand carving and painting in action!!



Spring is here and we are being more active in the garden.

It is a time to plant, weed and water!!



***BAKED POTATO BAR INCLUDES: POTATO, TACO MEAT, MELTED CHEESE, TOMATOES, GREEN ONIONS, COOKED BROCCOLI, SOUR CREAM & SALSA
 Legend: WG = Whole Grain