

NEWS FOR THE FRIENDS OF



Grace Center Program Updates

On the Road:

Grace Center has launched a new addition to our program which is home-visits! Once a week, Grace Center staff will travel to participant's homes to conduct visits that include a short activity or exercise session. This gives an opportunity to connect with our participants and most importantly, a chance for socialization. Grace Center is happy to announce that we recently acquired a 15-passenger wheelchair accessible bus! Most activities will take place on the bus or outside, weather permitting. The exercises include weights, dowels, hand therapy and chair yoga. Some of the activities are craft projects, painting, letter writing, word games, potting small plants, bleach/tie-dye t-shirts, and more! As we move into better weather, we also hope to begin offering outings again.

Letters to Participants:

Through Oregon State University's Phi Kappa Psi Philanthropy event, students have handwritten over 100 letters to our participants. During this difficult time with social-distancing, these individual letters have made an enormous difference to our participants. During the home visits, Grace Center staff will be delivering the letters to our participants and one of the activities will be writing a response letter or card back to the student.

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Outreach Coordinator

Chase Knight
Program Coordinator

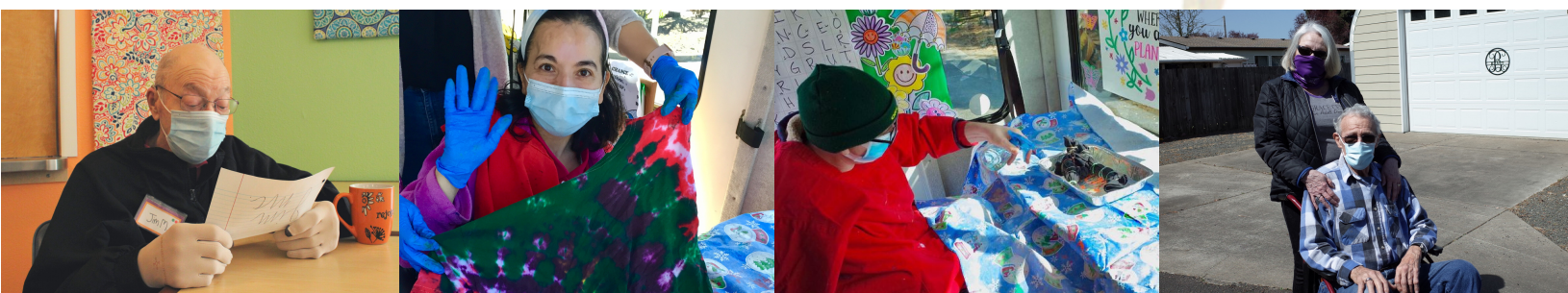
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Administrative Assistant

Cat Servatius
Debbie Watson
Program Specialists

Ashley Tack
MiKayla
Rattanaipaibooncharoen
Teresa Sorensen
Program Assistants

JP Kaesermann
Dietary Aide
Building Maintenance

Holly Fryer
Corey Huber
Support Staff





Support during COVID

Family caregivers depend on much needed respite to avoid stress and caregiver burnout. Many family members serve as full-time caregivers, while some work full-time and provide part-time caregiving to their loved ones. With limited access to other support systems, Grace Center's services provide crucial assistance to relieve family caregivers from potential burnout.

Being a family caregiver is a responsibility that is both physically and emotionally demanding. In these challenging times, it is especially hard for family caregivers. For many working caregivers, balancing work and caring for their loved one can be very complicated and stressful. With having to "stay in place," it is difficult to find time to run errands outside of the home because it may be unsafe to leave a loved one at home without care. Many of our participants and their families are utilizing Grace Center's services to help provide some much-needed respite. At Grace Center, our participants receive quality care while their family caregivers obtain the respite they need without having to worry. Grace Center's programs are aimed to improve the quality of life for both caregivers and our participants. As part of Grace Center's mission, we strive to provide supportive care to help our participants so that they remain as independent as possible and in their homes.

The pandemic and state mandated social-distancing guidelines have presented many challenges for all of us. Grace Center staff have been working hard to provide continued support for our participants and family caregivers. We have had to adapt and find creative solutions to be able to provide activities and exercises in innovative and fun ways. Over 70 videos were posted on Grace Center's YouTube channel for our participants to access when they needed activities or exercise to stay active. To stay connected and be able to support our participants we have been conducting telehealth sessions on zoom to offer social interaction, companionship, and activities. At the same time, Grace Center has been providing limited in-person services for respite to our family caregivers.



"My Dad's medical teams are happy to hear that he does Zoom exercises in the mornings and has 2-hour activity classes in the afternoons, 5 days a week. This is a way of letting the medical community know about Grace Center for Adult Day Services and that it is helpful for anyone who might need a facility like this for their care receivers.

I am grateful for the Zoom classes to keep my Dad out of social isolation. I am also grateful that he is able to attend the Grace Center for Adult Day Services 2 days a month. I have been able to interact with some of the participants during the Zoom classes. It gives me a chance to meet the people my Dad has gotten to know through the years.

I am grateful the Grace Center has figured out how to reach out to their participants during the pandemic rules, which continues to give caregivers some respite."

-Rebecca, a family caregiver

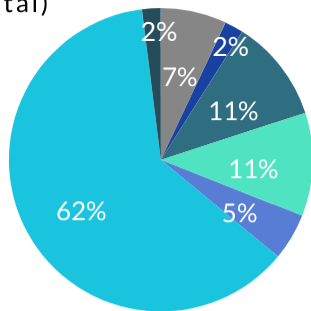
"The staff at Grace Center are amazing and they have become my mom's 2nd family! My mom has been going to the Grace Center for several years now and we feel so fortunate to have their services in our lives. Mom is always up for "seeing her friends" there. I, as a family caregiver I am forever thankful for the Grace Center for being with us at this time in our lives."

-Kim, a family caregiver

Grace Center 2020 Annual Report

Revenue

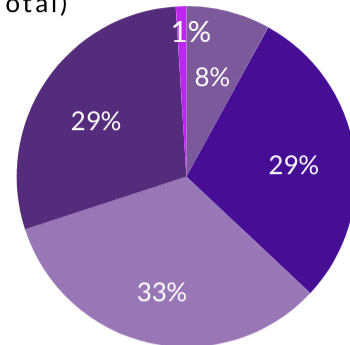
(\$1,030,111 Total)



Private Pay (7%) Fundraiser (2%)
Capital Campaign (11%) Donations and Grants (11%)
Rankin Endowment (5%) Government (62%)
Other Income (2%)

Expenditures

(\$724,848 Total)



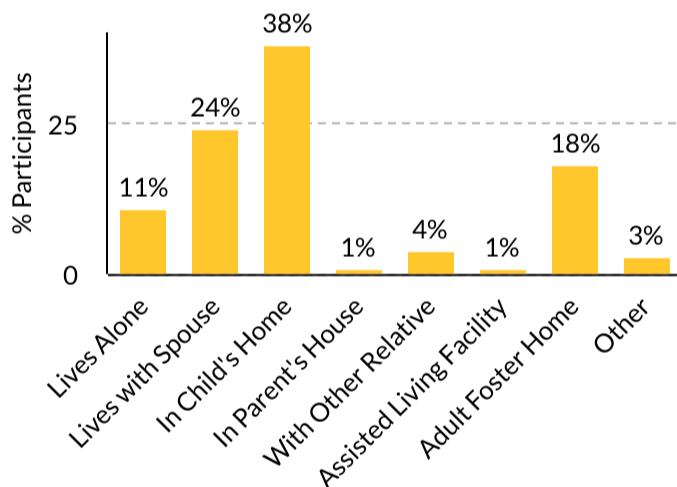
Occupancy (8%) Program Staff Payroll (29%)
Administrative Expense (33%) Program Expenses (29%)
Fundraising/Capital Campaign (1%)



Total Number of
Participants Served:

72

Living Situation of Participants



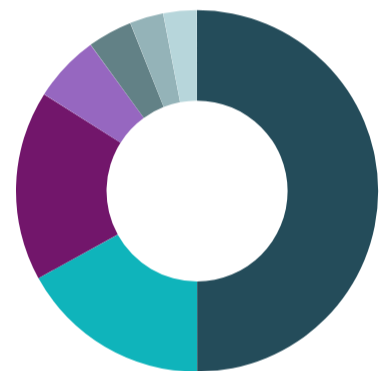
Participant Demographics

Male **43%** Female **57%**

Age 65+ **79%**
Age 45-64 **18%**
Age 19-44 **3%**

Private Pay **43%** Government **57%**

Primary Diagnosis of Participants



Dementia/Alzheimer's (50%)
Chronic Medical Diagnosis (17%)
Stroke (17%)
Traumatic Brain Injury (6%)
Mental Illness (4%)
Parkinson's (3%) I/DD (3%)

Grace Center 2020 Accomplishments

Grace Center staff completed Over
575 hours
of training

Participated in the Pharmacy Partnership for LTC program for Covid-19 vaccinations.



Launched Grace Center's new website



Staff created over
70 videos
for GC's Youtube Channel which reached over
100 subscribers

Created a Covid-19 workplace policy and infection control plan based off the requirements set by OSHA.



Grace Center installed solar panels through grants and incentives from Energy Trust and Oregon Department of Energy.



Improvements to the building were made to accommodate Covid-19 regulations set by the County & State.



Installed four permanent feather banners in the front of Grace Center to highlight our various services.



Keeping Families Together and Our Communities Intergenerational Since 1983

Upcoming Events

PAPA'S PIZZA PARLOR

A Slice of Family Fun!

www.papaspizza.net

1030 SW 3rd
Corvallis, OR 97333
541-757-2727



We are hosting a PIZZA DAY at
CORVALLIS PAPA'S PIZZA for:

GRACE CENTER FOR ADULT DAY SERVICES

Use this flyer for Papa's Pizza on **May 26th**
and the organization will receive **50%** of the value of
the food you purchase! You also have the choice of
purchasing **Fundraiser Bucks** that are good for all
future purchases. These Bucks will earn 25% of their
value for the organization.

**We are open for you to come into the pizza
parlor for your fundraiser and we are also
accepting pick-ups and delivery orders at this
time to help out with your fundraiser!**

With your support on **May 26, 2021**
we can have a really successful fundraiser!

Beverages are not included.

These flyers cannot be distributed at Papa's Pizza.

This fundraiser flyer is valid **ALL DAY**
only on specified date.



www.facebook.com/PapasCorvallis

Total Food Order \$ _____

All Gift Certificates Purchased 25%\$ _____

PIZZA PARTY



Support Grace Center by buying food
and/or gift cards from the Corvallis
Papa's Pizza Parlor on
Wednesday, May 26th!

Grace Center receives 50% of food
sales and 25% of gift card sales. Cut out
the flyer to provide to the cashier when
you make your purchase.
It will even count for take-out!

1030 SW 3rd St.
Corvallis, OR 97333

Open: 11:00am - 11:00pm

SAVE *the* DATE

GRACE CENTER'S 4TH
ANNUAL

Aging Summit

September 11th,
Saturday

We are sad to announce Grace
Center will not be holding our
Open House this year.
Due to the pandemic, we would
not be able to host the event as
we normally would. We sincerely
apologize and look forward to
next year.

The Many Ways to Support Grace Center

Your support makes it possible for Grace Center to provide individuals and families in need with critical services.



BottleDrop

Pick up blue bottle drop bags from Grace Center, fill it with your recyclable bottles, drop them off at BottleDrop locations and the proceeds will go to help support Grace Center! Call 541-754-8417 or email office@gracecenter-corvallis.org to arrange a time to pick up the blue bottle drop bags.



Amazon Smile and Wish List

Consider using the Amazon Smile site so a portion of your purchase will be donated to the Grace Center by Amazon. **Amazon Wish List**
We have a few items on our wish list this year that will benefit our programs and facilities. Help us by purchasing directly from Amazon.



Facebook Fundraiser

Choose Grace Center as your Birthday Fundraiser and make your birthday even more meaningful! Creating a birthday fundraiser on Facebook is relatively simple and if you would like to learn how to create one, message Grace Center on Facebook!



Write a Review

Head over to Google, Facebook or Yelp to write a review about Grace Center's Services.
If Grace Center has touched your life or the life of someone you know, please take a few minutes to let us know! Your valuable feedback will help us improve and make a huge difference. Thank you!



Personalized Paver

You can have a message inscribed on a beautiful bluestone paver to honor or remember a family member or friend. Pavers are displayed in our Memorial Courtyard. Funds raised by the pavers go straight to Grace Center's *Here to Stay Capital Campaign*.



Donate Today

Now more than ever, community support enables Grace Center to meet our mission. It is generous donors like you who are the key to our success and make it possible for Grace Center for Adult Day Services to provide individuals and families in need with critical services. Make a donation through the enclosed envelope, online at www.gracecenter-corvallis.org or scan this QR code below with your smart phone camera. Then click the link that pops up!

Check us out on Social Media!



Search: Grace Center for Adult Day Services



[grace_center_corvallis](https://www.instagram.com/grace_center_corvallis)



980 NW Spruce Ave., Corvallis, OR 97330 ~ office@gracecenter-corvallis.org
www.gracecenter-corvallis.org ~ Tel: 541-754-8417 Fax: 541-757-3571

Online Gift Shop



Our online gift shop where you can find an amazing selection of gift items and decorations! A majority of the items are handmade and 100% of the proceeds go straight to Grace Center's programs!

All items purchased must be picked up by the buyer at Grace Center during our operating hours: Monday - Friday, 8am to 4:30pm.



Massage Therapy Program

Grace Center offers a variety of massage types with an emphasis on older and disabled adults. Clients can choose to have a full body massage or a specific area such as head, neck, shoulders, or feet.

Natalie, our licensed massage therapist, offers Thai Massage, and a blend of Eastern and Western Modalities that cater to your individual needs. Her focus is on stress and pain management as well as increasing flexibility and range of motion.

We are offering a coupon for caregivers and participants for a massage session! Please call ahead to schedule an appointment at 541-754-8417. There is a minimum of 30 minutes and increases in 30-minute increments.



\$ 10 off

For Massage Therapy

Offer Valid Through August 31st, 2021
Limit one coupon per customer. Not valid on prior services. Not redeemable for cash. Appointments must be scheduled ahead of time and coupon must be presented. A minimum of 30mins and must be in 30 min. increments. Please see GC Office for full details. 541-754-8417
Offer only valid at Grace Center for Adult Day Services.



Keeping Families Together and Our Communities Intergenerational Since 1983