



News for the friends of GRACE CENTER FOR ADULT DAY SERVICES



—Meet John and Kay—

When John and Kay ran into each other at the grocery store, it was the beginning of something beautiful. They fell in love and have been united in loving marriage now for 48 years. In 2018, Kay needed surgery and John forgot to pick her up afterward. This was when Kay knew that something was wrong. John was diagnosed with dementia and Kay was now, not just John's wife, but also his care provider.

As John's dementia progressed, it brought many challenges. Kay knew she needed more support. She joined Lumina Hospice's Powerful Tools for Caregivers support group and through that heard about Grace Center. By the time she brought John in for his first day at Grace Center, Kay was very much in need of respite so she could find time to take care of herself.

Both John and Kay have blossomed since John has started attending Grace Center! John enjoys the socialization, activities, and exercise while Kay uses her respite time to do other things she loves such as volunteering at a kindergarten class and playing the piano at the hospital. (cont. ->)

"I am blessed that Grace Center is there for us and many others who are in need." - Kay



John and Kay around the time they met

John attends Grace Center four days a month through the help of the state's Family Caregiver Support Program and has been a participant for two years now. Kay getting some time for herself through the respite Grace Center provides her has put fresh wind in her sails as she continues to lovingly care for her best friend.

“The first day I brought John to Grace Center, I was relieved. I knew that he was safe and that I could go take care of myself and not have to worry if he was ok.” - Kay

Kay continues to use patience and creativity to build a beautiful life for her and John even as his dementia progresses. They love to ride their trike bikes around their home town of Lebanon, delivering home baked goods to friends in the community. They swim at the local pool and do gardening together, most recently picking delicious blackberries to make jam with! We all love John and Kay and are so lucky to know them. 😊



John at Grace Center with staff (Deanna & Mikey)



Why We Have Exceptional Staff!

Grace Center prides itself in providing exceptional and specialized care to our participants and the only way we can do this is by having an exceptional team of staff. The leadership at Grace Center is dedicated to providing top notch training to our team so they can be the most effective as possible in their support and care of our participants. This is how we are able to offer our specialities at Grace Center, including our memory speciality. Because what specializes us in memory care is not just our dementia friendly programing and facility set up, but also our highly trained and compassionate staff.

One dementia training our staff all receive is nationally acclaimed dementia expert Teepa Snow's Positive Approach to Care (PAC) (www.teepasnow.com). The picture above is the Grace Center team with Teepa herself (center front row in blue) at one of her recent in-person trainings in Oregon! But in addition to PAC trainings, we also have a brand new training series we are taking our staff through. Grace Center recently purchased a series of training videos from Adria Thompson's Be Light Care Consulting (www.belightcare.com). This training series includes "Dementia 101" and "Dementia Shower Guide". All of our current staff will be taking these trainings as well as future new hires moving forward. These trainings give our staff the knowledge and confidence to provide specialized memory care.

»»» What's New at Grace Center! «««

PARTICIPANT DATA TRACKING SOFTWARE

StoriiCARE

As you can imagine, there is a lot to track and manage at Grace Center! We need to keep track of participant vitals, such as blood pressure and weight. We need to have their allergies on file and easy to access. If they need assistance in the bathroom, we need to keep track of how often we are taking them to the restroom. Grace Center has always diligently tracked this data with an internal system of our creation but that system had limitations and we are thrilled to now be using a data tracking system called StoriiCare which is taking our data tracking and staff communication to a new level! With StoriiCare, each participant has a profile and each staff member has an account. We have secured tablets in several locations across the facility that only staff can access with a passcode. Within the StoriiCare program, staff can check and track participant data in real time, send messages to the whole team with helpful information, and read participant progress notes written by our nurse.

All this data tracking helps our team be even more efficient and comprehensive in how we support our participants. This new system also helps us best implement our participants' individual engagement and exercise plans (IEPs) where we help participants meet specific physical and cognitive goals through one-on-one support from our staff. For example, an exercise IEP might be the physical therapy exercises the participant has been instructed to maintain by their physical therapist. Their IEP will detail these exercises and we will give them space and encouragement to complete those exercises here at the center. The data we collect from IEPs empowers us to track participant progress, which is data that can be used in grant writing as evidence for our program's effectiveness!



ADDITIONAL AGING AND PEOPLE WITH DISABILITIES CONTRACT:

*NW SENIORS &
DISABILITY SERVICES*

Did you know Grace Center provides free services to low-income participants? It's true! Participants who are classified by the state as low income qualify for Medicaid funding which will pay for long-term care services, including adult day services. Grace Center has had Medicaid certification for 36 years and contracts with the local Aging and People with Disabilities (APD) office that serves Linn, Benton, and Lincoln counties, called Oregon Cascade West Council of Governments. We are proud to announce that we now also have a contract with NW Senior and Disability Services which is the APD office serving Marion, Polk, Yamhill, Tillamook, and Clatsop counties. This expands the number of low-income participants we are able to serve, as we continue to be the only ADS center in the mid-Willamette valley.

BINGO BURGERS - & Brews -



SAVE THE DATE FOR
NOVEMBER 13TH
FROM 5:30 TO 8PM

CORVALLIS ELKS LODGE
1400 NW 9TH ST
OPEN TO NON-ELKS MEMBERS

For more information: call
541-754-8417 or visit:
www.gracecenter-corvallis.org

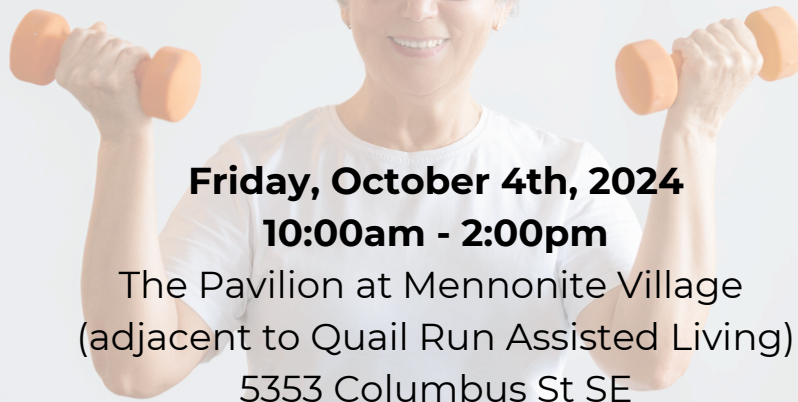
*Bring this coupon in for
one free Bingo card*

Support Grace Center

Please consider donating today!
Click the "Donate" button below to donate
online or you can write a check for
"Grace Center for Adult Day Services"
and mail it to us at:

980 NW Spruce Ave
Corvallis, OR 97330

Join us at the Mennonite Village's Annual Active Aging Wellness Fair!



Friday, October 4th, 2024

10:00am - 2:00pm

The Pavilion at Mennonite Village
(adjacent to Quail Run Assisted Living)

5353 Columbus St SE

Albany, OR 97322

www.mennonitevillage.org

An educational and interactive event designed to celebrate active aging and promote a healthy lifestyle. The Active Aging Wellness Fair is open to the public and all are welcome.

Grace Center will have a booth at the fair and we would love to see you there!