

980 NW SPRUCE AVE., CORVALLIS, OR 97330 ~ OFFICE@GRACECENTER-CORVALLIS.ORG Tel:(541) 754-8417 Fax: (541) 757-3571 ~ www.gracecenter-corvallis.org

FROM THE BOARD OF DIRECTORS



Heidi Igarashi, Board President

Gratitude

Thank you to our community of supporters! Our circle of support is diverse, and includes our participants, center volunteers, current and former caregivers, community groups, donors, and staff. We are grateful to each of you for how you've helped the Grace Center to excel.

In 2014, the Grace Center embarked on a capital campaign to purchase the building we had been leasing. The Grace Center is happy to announce that we took ownership of the building in November, 2017 through a bridge financing agreement with Samaritan Health Services. The *Here to Stay* Capital Campaign continues to raise funds to own the building free and clear.

This recent development is an example of this mutual commitment to our mission - to care for older and disabled adults in a way that supports their quality of life.

Please join us for the upcoming Ribbon Cutting Ceremony on May 22nd. It will be a celebration of what we have accomplished!



Some of the Participant Advisory Council members in the Memorial Courtyard they envisioned.

Also, plan to attend our Open House Celebration on September 9th. This is a new event for us and one that we hope will bring our community together. You'll be immersed in Grace Center activities that will be adapted to engage the entire family. You can experience what you have helped to create, and have some fun too! Read more about this event on the backside of the newsletter.

As we continue to develop our services (highlighted on page 5), we will also continue to raise funds for both the capital campaign and our

daily programing. Individual donations and organizational grants are critical to our ability to provide the highest quality of care at an affordable cost. When you donate to the Grace Center you help current participants and their families, and also ensure the future of a valued community resource. Thank you for your support!

Grace Center Ribbon Cutting Ceremony & Courtyard Unveiling

Tuesday, May 22nd 9:30am.

A brief ceremony will occur promptly at 9:30am outside, at the front entrance of Grace Center. Light refreshments will be offered afterward, inside the building. Please join us for this time of celebration!

You can RSVP to the event at office@gracecenter-corvallis.org.

If street parking fills up, Walmart has kindly offered us the use of their NW parking lot on Spruce Ave, just east of Grace Center.



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HOLLY FRYER **SUPPORT STAFF**

In the Words of a Participant: A Sense of Belonging to a Greater Community

"Before I started to attend the Grace Center, I found myself isolated, lonely and severely depressed. I was left with a sense of 'not belonging'. I had a stroke that took out my vision on my right side, affecting me not only physically, but my mental health was impacted as well.

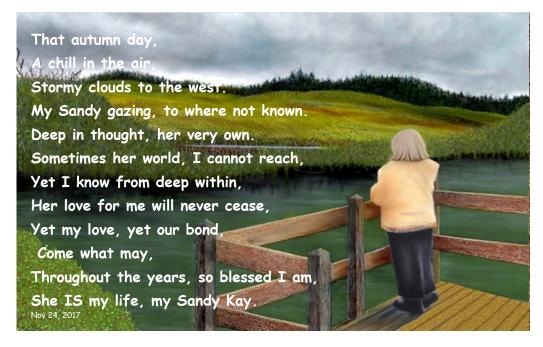
Every night I'd pray that I wouldn't wake up the next day. My personal appearance and hygiene was very bad. I would only bath once every two weeks. I had always been a morning person always positive, but the stroke had left me empty and bitter and basically I was giving up on life. I was then introduced to the Grace Center.

Now, almost three years later, I bath daily and I look forward to waking up and feeling a sense of belonging. I thank God for every day that goes by, and hope others like me with disabilities might discover the amazing Grace Center and all that it has to offer. The state still won't let me drive, but, I have come to terms with that. I don't

move very fast, but I get by. I believe if it wasn't for the Grace Center and all that they have to offer I wouldn't be here today.

In Christianity we're saved by Grace and I have been saved by Grace Center. Having Grace Center in my life has been a blessing. Grace Center gives me the support to not repeat the detrimental actions or negative pathway I took in the past. Our community needs to know about the center because it saves lives."

– Mike, current GraceCenter participant



Poem & artwork by Hank Espinoza, current Grace Center family caregiver using our memory care services for his wife Sandy.

Grace Center for Adult Day Services



EAT FRESH, RAISE FUNDS!

Help earn important dollars for our cause!

Get together with family and friends to help us, while you help yourself to some great food—with an event like this, everybody

When you come in to the location listed below, and bring in this flyer, Baja Fresh® will donate 15% of the proceeds to our cause!

Enjoy great Baja Fresh® food while benefiting Grace Center



DATE: Friday June 1st, 2018

TIME: 12pm-8pm

WHERE: 845 NW 9th Street Corvallis Or 97330

541 452 -1010





Saturday **June 16th, 2018**

25% of sales are donated to **Grace Center!**

No flyer needed but you must tell your cashier that you came to provide support for Grace Center.

SAVE THE DATES!

Grace Center is partnering with three local restaurants to raise funds for our organization:

Wednesday, May 16th - Papa's Pizza (flver required) 50% of food purchases & 25% of gift certificates go to Grace Center

Friday, June 1st - Baja Fresh (flyer required) 15% proceeds go to Grace Center.

Saturday, June 16th - Café Yumm (no flyer required, but supporters of Grace Center need to let the cashier know they came to provide support for Grace Center) 25% of sales go to Grace Center.



1030 SW 3rd Corvallis, OR 97333 541-757-2727



We are hosting a PIZZA DAY at CORVALLIS PAPA'S PIZZA for:

GRACE CENTER FOR ADULT DAY SERVICES

Bring this flyer into Papa's Pizza on May 16th and the organization will receive 50% of the value of the food you purchase! You also have the choice of purchasing *Fundraiser Bucks* that are good for all future purchases. These Bucks will earn 25% of their value for the organization.

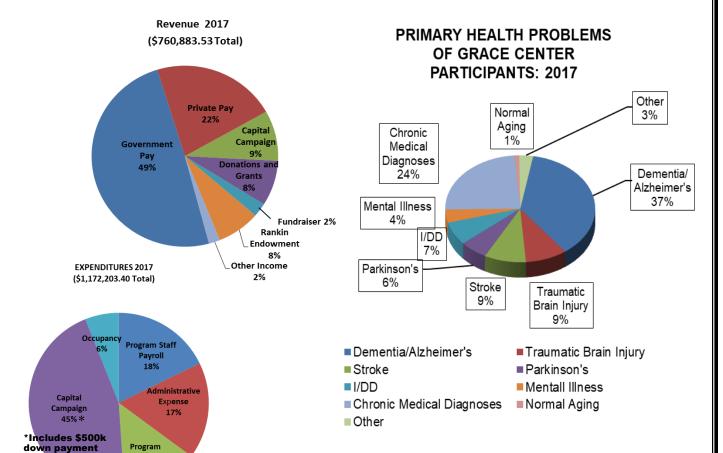
> Please come into Papa's and help us out! With your support on May 16, 2018 we can have a really successful fundraiser!

Beverages and delivery orders are excluded. These flyers cannot be distributed at Papa's Pizza. This fundraiser flyer is valid **ALL DAY** only on specified date.

Total Food Order \$

All Gift Certificates Purchased 25%\$

2017 Annual Report



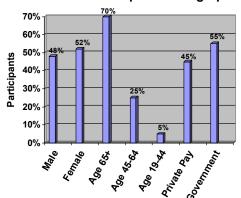
Total number of participants served: 99

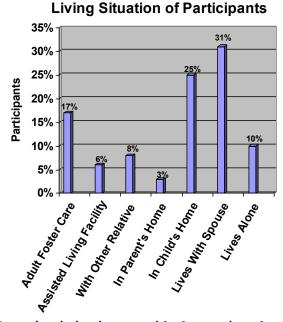
Expenses

14%

Services	Actual	Budgeted
Average # of participants served per day	24.78	25.76
private pay	8.14	11.05
government funded	16.64	14.71

Grace Center Particpant Demographics





Grace Center's mission is to provide day services that optimize the cognitive and physical abilities of seniors and adults with disabilities so they can remain as independent as possible and in their homes.

Innovative Approaches to Healthy Aging

Resi-Dental Care

Grace Center is working on a pilot project with the Community Health Centers of Benton & Linn Counties. The goal of the pilot project is to bring screenings, education, referral resources, and services to individuals who are not accessing dental services in the traditional manner due to physical or cognitive impairment. Another piece of the pilot is to educate the caregivers in facilities how to identify oral issues, help provide care, and who could best serve the patients overall needs. To learn more about the program, contact: Molly Perino, Oral Health Supervisor at 541-766-6645 or molly.perino@co.benton.or.us





NYU Caregiver Intervention

Grace Center recently teamed up with New York University to conduct a randomized controlled trial, funded by the National Institute on Aging, to test the benefits of the New York University Caregiver Intervention (NYUCI) when delivered via video teleconferencing. The study title "Tools for Distance Delivery of Evidence-based AD Family Caregiver Intervention"; was developed to help spouses or partners of people with dementia who are living together at home. The goal is to help the primary caregiver, the spouse or partner by involving family members in mutual support. The program includes individual counseling, family counseling, and ongoing telephone counseling as needed. Grace Center's registered nurse, Lee Cook has been trained and certified to provide the NYUCI. If you are interested in learning more about this study, contact: Lee Cook, RN at 541-754-8417 or <u>nurse@gracecenter-corvallis.org</u>.

Inter-Professional Student Project

Grace Center was contacted earlier this year by Gary DeLander, Executive Associate Dean of the Oregon State University College of Pharmacy about participating in a special project. The goal of the project is to assist local non-profits by pairing them with 3 teams of 8-10 students from a variety of programs. The groups are intentionally interprofessional: first year pharmacy students, first year DO students from Western University in Lebanon, second year nursing students from LBCC, and a few



medical aid students. The students have been meeting together to learn about each other's roles, develop respect for respective areas of expertise, learn how teams work effectively together, etc. Student teams are provided with a current need in the program and are tasked to each provide a possible solution.

The selected project goal for Grace Center is to enable us to be able to measure our participants' functional abilities. At this time, Grace Center does not have a tracking system to periodically measure our participants' functional abilities. We would like to be able to monitor if our participants' functional abilities are declining, remaining stable, or improving. We are hoping to challenge the students, while also making them aware of some of the service organizations in the area.

Through these and other collaborative efforts to serve our community, Grace Center is supporting individuals to make the best decisions for their physical, emotional, and financial well-being. All while *Keeping Families Together & Our Communities Intergenerational*.



980 NW Spruce Ave Corvallis, Oregon 97330 541-754-8417 www.gracecenter-corvallis.org Non-Profit Org. US Postage PAID Corvallis OR Permit 200



www.Facebook.com/ GraceCenterforAdultDayServices

Our goal is 500 "likes"!

