

# News for the friends of



## Update from the Directors

Rene` Knight & Tera Stegner

Greetings from Grace Center! We hope these joyful snapshots from Grace Center's last year bring some brightness into your life right now. What an interesting year it has been and continues to be! Our staff, participants, family caregivers, volunteers, and Board Members have made many a wonderful memory together since we sent our last newsletter and we look forward to making many more. For now though, we are focused on helping our participants stay safe and be well. **As of March 16th, 2020, Grace Center, along with all other adult day service centers in Oregon, was mandated to temporarily close by the Department of Human Services.** We and our Board support the State's decision and are fully complying with all requirements and recommendations. In the meantime, we are providing remote support to our participants and their families through weekly phone call check-ins. Read on to learn the other creative ways we are supporting our clients from afar until we reopen.

Now, more than ever, Grace Center is counting on the support of our community. Thanks to careful planning & preparedness in collaboration with our Board of Directors, we are confident Grace Center has the capacity to weather this storm and will be able to re-open when the State declares it is safe to do so. Your continued support during this time empowers Grace Center to not only re-open in the future but also go above & beyond in the care and support of our participants and their families during this time. We continue to hear through our check-in calls how much Grace Center's services are missed and how vital they truly are to many people. **To keep up to date on Grace Center during this time, please visit our website: [www.gracecenter-corvallis.org](http://www.gracecenter-corvallis.org)**

*Stay tuned, take care, and be well.*



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# Bringing the Generations Together

Grace Center's tagline is, "Keeping Families Together and Our Communities Intergenerational since 1983." We are passionate about all generations having the opportunity to meet and spend time with one another. From toddlers to teenagers, Grace Center has created a variety of community partnerships that foster intergenerational community.

Every holiday youngsters from Small World Daycare across the street come over to celebrate with us! Easter eggs hunts around the center or trick-or-treating down our halls - whatever the occasion, bright smiles are always found when our little neighbors pay a visit. A few blocks away from Grace Center is Linus Pauling Middle School and twice a month you will see a group of students walking over to Grace Center with their teacher to do arts & crafts with our participants. High schoolers come to Grace Center in pairs to shadow and observe our program for their Health Occupations classes. Students in the Corvallis School District's W.I.N.G.S. program spend Monday mornings with us leading an activity so they can learn professional and interpersonal skills. And future young professionals complete their internships and practicums at Grace Center from Oregon State, Western Oregon, and Linn Benton Community College. We love our local youth!



## Wellness Group & Counseling Services

Grace Center recently restarted an important program that is now blossoming and has become a vital part of our center: The Wellness Group. This is a support group for our participants that meets twice per week, offering a space for them to share, listen, support others, and be supported. Our most recent collaboration to make this group possible again is with Oregon State's College of Education's Master of Clinical Mental Health Counseling program. We are thrilled to have counseling student, Erin Mitchell, completing her practicum at Grace Center this year and facilitating our Wellness Group. Her practicum is set up such that she has ongoing supervision by a licensed counselor. Erin comes to us already with a wealth of knowledge and expertise with a Masters in Public Health and Doctor of Philosophy.

In addition to facilitating our Wellness Group, Erin is providing one-on-one counseling services to our participants in our private counseling room at the center. We recognize how important it is that Grace Center supports the *whole* person when we serve our participants: cognitively, physically, and emotionally.



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**Grace Center also has a twice monthly  
Family Caregiver Support Group!  
1st & 3rd Tuesdays of the month  
3pm-4:30pm**





## PAPA'S PIZZA PARLOR

A Slice of Family Fun!

[www.papaspizza.net](http://www.papaspizza.net)

1030 SW 3rd  
Corvallis, OR 97333  
541-757-2727



We are hosting a PIZZA DAY at  
CORVALLIS PAPA'S PIZZA for:

### GRACE CENTER FOR ADULT DAY SERVICES

Bring this flyer into Papa's Pizza on **May 20th**  
and the organization will receive **50%** of the value of  
the food you purchase! You also have the choice of  
purchasing **Fundraiser Bucks** that are good for all  
future purchases. These Bucks will earn 25% of their  
value for the organization.

Please come into Papa's and help us out!

With your support on **May 20, 2020**  
we can have a really successful fundraiser!

Beverages and delivery orders are excluded.  
These flyers cannot be distributed at Papa's Pizza.

This fundraiser flyer is valid **ALL DAY**  
only on specified date.

Join us on Facebook!



[www.facebook.com/PapasCorvallis](https://www.facebook.com/PapasCorvallis)

Total Food Order \$ \_\_\_\_\_

All Gift Certificates Purchased 25% \$ \_\_\_\_\_

# Save the Date: May 20th

Who doesn't love pizza??

Cut out this flyer, bring it with  
you on May 20th, and Grace  
Center receives 50% of all food  
sales & 25% of all gift card sales!

Even if their dining room is still  
not open to the public at that  
time, you can order take out!

1030 SW 3rd St  
Corvallis, OR 97333

Open: 11:00am to 11:00pm



# Save the Date: June 16th

Have you been to the Block15 Tap  
Room in South Corvallis yet??

Try it out on June 16th and Grace  
Center will get 10% of all food  
sales! No need to bring the flyer.

If they are not re-opened yet,  
just order take out!

3415 SW Deschutes St  
Corvallis, OR 97333

Open: 11:30am to 7:00pm  
(541) 752-2337

**block 15**  
BREWING COMPANY

# DINE OUT BLOCK 15

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**TUESDAY, JUNE 16TH**  
BLOCK 15 TAP ROOM // SOUTH CORVALLIS

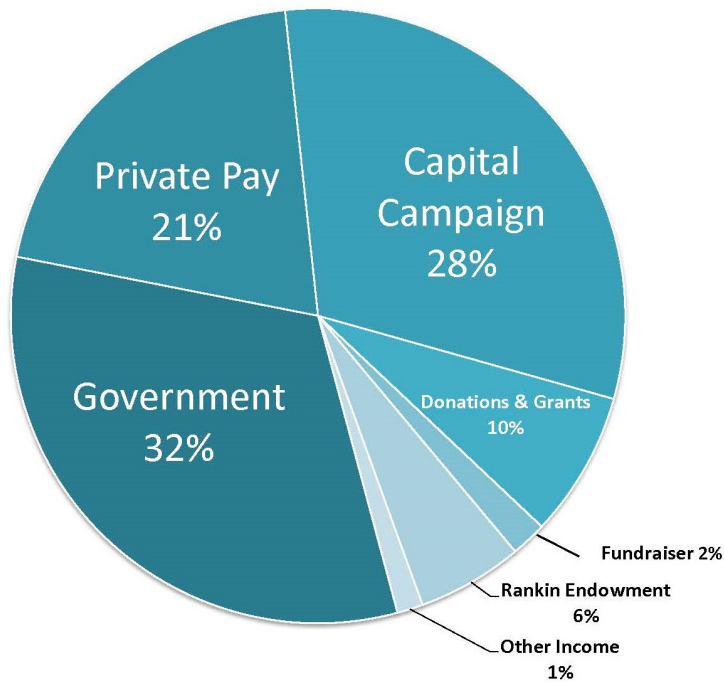
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10% OF THE DAY'S FOOD SALES TO BENEFIT:  
**GRACE CENTER**

# Grace Center 2019 Annual Report

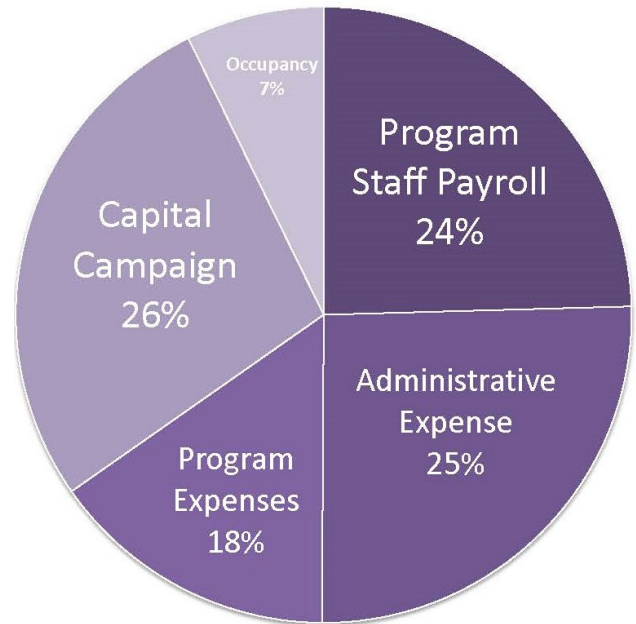
## Revenue 2019

\$982,040.00 Total

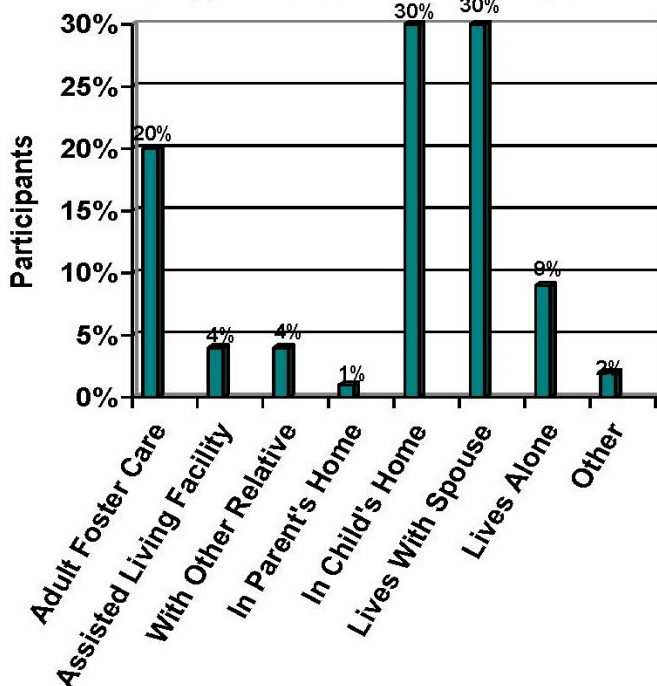


## Expenditures 2019

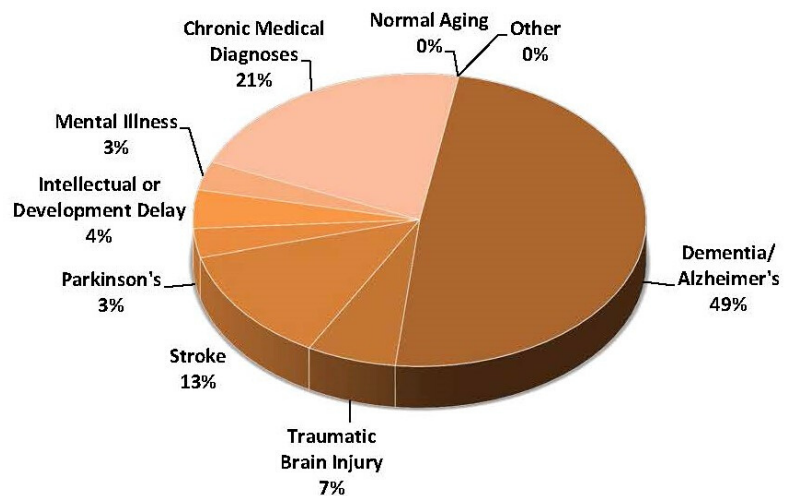
\$836,278.00 Total



## Living Situation of Participants



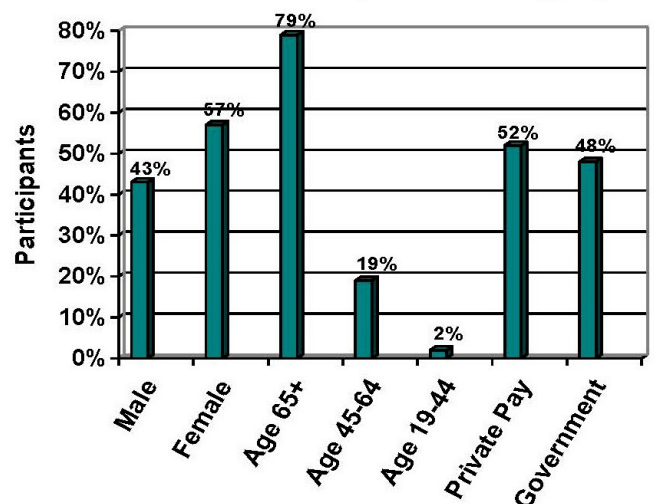
## Primary Diagnosis of Grace Center Participants



Average Number of Participants Served Per Day: **25**

Total Number of Participants Served in 2019: **94**

## Grace Center Participant Demographics







## Continuing to Innovate

Grace Center is known for its innovation in adult day services and has served as a leader of ADS in Oregon. Challenging times like these present opportunities for further innovation and creativity. Just because our center is closed, does not mean we cannot still support our participants and we are dedicated to doing just that through a little help from technology.

Aforementioned counseling services provided by our Masters of Counseling practicum student, Erin, will now be offered weekly over the phone. Grace Center will also be continuing our twice-monthly Family Caregiver Support Group through the use of a video conference call program. The group will "meet" on the same days and times as usual: the first and third Tuesdays of the month from 3pm to 4:30pm. If you would like to join the group, please email us at [office@gracecenter-corvallis.org](mailto:office@gracecenter-corvallis.org). The group is free and open to any family caregiver!

Something brand new we will be doing is featuring activity videos on our YouTube channel! We are very excited about this! Keep an eye on our channel where we will be posting chair exercise videos, tips from our nurse, and activity ideas for our participants and their families (as well as anyone else!) to watch and follow along with!

**Go to [www.gracecenter-corvallis.org/COVID-19](http://www.gracecenter-corvallis.org/COVID-19)  
to find a link to our YouTube channel.  
And don't forget to Subscribe!**

## Spring Has Sprung! A Garden Update

Warmer weather is on its way and Grace Center's garden plans are being made! We recently had a round table discussion with our participants to decide what our goals are for our garden this year. The effort is being spearheaded by our long time volunteer and garden collaborator, Eric Neilson, who is a Certified Master Gardener through the OSU's Extensions Program. Some of the work that has already been done or will be done is:

- Adding another trellis
- Adding a new perch area for our chickens
- Rebuilding our chicken coop
- Repairing our strawberry towers
- Adding more paver walkways around our blueberries
- Adding a sink to our potting bench
- Cleaning up and improving our compost area

Grace Center's garden will continue to grow a wide variety of flowers and herbs as well as many yummy things to eat such as berries, grapes, pears, peppers, garlic, tomatoes, beans, and more! *Bon appetit!*





980 NW Spruce Ave  
Corvallis, OR 97330

We're on Instagram  
Now! Check it out!



grace\_center\_corvallis

You can also  
Follow us on  
Facebook!



facebook.com/GraceCenterFor  
AdultDayServices

GRACE CENTER'S 3RD ANNUAL

# aging summit

Saturday  
September 12th  
Late Morning



GRACE CENTER'S  
**OPEN HOUSE  
CELEBRATION!**

**WHEN:** National Grandparents Day  
Sunday, September 13th

**WHERE:** Grace Center  
980 NW Spruce Ave

**WHO:** Everyone!

*Save the Date!*