



GRACE CENTER

For Adult Day Services

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FROM THE BOARD OF DIRECTORS



Ann Zweber, Board President

It has been a busy time for the Grace Center and we are excited about upcoming events! In addition to providing outstanding services on a day-to-day basis, we are growing, planning, and celebrating.

Grace Center continues to experience steady growth in both the numbers and diversity of our participants. We serve persons from a wide range of socioeconomic backgrounds and geographic areas. Our expanded contract with Veterans Affairs allows us to reach out to better serve those who have served. We purposefully adjust our activity offerings to make sure they appeal to the interests of our diverse participants. Optimizing our space and services are key components of our strategic plan, and the building purchase will allow us to achieve our goals (see Wayne's message).

Our annual celebration is taking on a new look this year. The Grace Center Jubilee will include tantalizing appetizers, local wine and beer, and a delicious meal prepared by

Valley Catering. The evening will be packed with music, auctions, raffles, socializing, fun, and more! We hope you can join us on Saturday, October 3rd. You can order your tickets online on our website (www.gracecenter-corvallis.org - see footer) or by mail (see back page).

We sincerely appreciate the long-term support from our community. Without the many donors, volunteers, and champions we would not be able to sustain our track record of supporting independence and maintaining intergenerational communities. Our exceptional co-directors and staff live our mission with every interaction. Please feel free to contact our co-directors, or a board member if you have any questions.

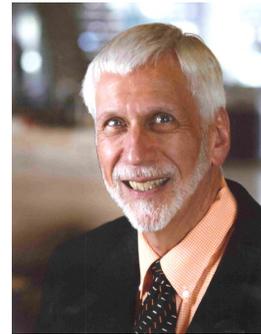


New Date:

SATURDAY, Oct. 3rd, 5pm

New Location:

Adiar Club House



**Wayne Kradjan,
Committee
Chairman**

HERE TO STAY! This is Grace Center's new mantra as we make preparations to expand services for the future, purchase our existing facility, and make necessary infrastructure upgrades. Ann's article highlights the extraordinary services that the Grace Center staff already provides. We expect the demand for our program to grow exponentially over the next few years, making it critical that we have the stability and flexibility afforded by owning our own building. Consider these facts alone:

According to the 2015 International Journal of Epidemiology, it is projected that the population of people over the age of 85 in the US is expected to rise by an astounding 350% over the next 30 years. Consequently, the economic burden on families working to support and find long term care for their loved ones will be greatly impacted. Adult day services ... **(cont.)**

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(cont.) ... such as offered by Grace Center are emerging as an economical alternative to assisted living facilities – costing generally about five times less than a live-in facility. According to an IBISWorld 2015 market research report, adult day service facilities are expected to grow at an annual rate of nearly 7% each year over the next ten years.



In preparation for this future “age wave” and the purchase of our building, we have hired a well-respected consultant, Heidi Henry, to help us update our strategic plan and facilitate the launch of a major fund raising campaign. Our ultimate goal is to raise \$1.5 million to purchase the current building from

Samaritan Health Services, to remodel and refurbish the building’s interior, as well as upgrade structural elements like plumbing, electrical, and weatherization. Once completed, we will focus on opportunities for service expansion. One of Heidi’s strengths is in interfacing with local foundations and other organizations that provide capital expansion grants. While we hope to obtain a large portion of our funding from these other organizations, all of them require that we have strong support from the local community. For that reason, we will have a presentation at the Jubilee on our aspirations and visions for the future. We ask that all of you carefully consider how you can help support Grace Center with your personal gifts so that we can be

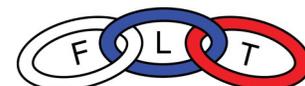
HERE TO STAY.

SUPPORT FROM ALL SIDES: THE CORVALLIS ODD FELLOWS

Grace Center has had the good fortune to be included in the Corvallis Odd Fellows’ circle of support. In late 2013, Odd Fellows awarded Grace Center \$500 for a medical equipment scholarship program which was matched in 2014 by an Odd Fellows member. Later in 2014, Grace Center was awarded \$1500 by the Odd Fellows for a shower scholarship program. That program was renewed with a second grant of \$1500 awarded in 2015.

Outside of financial support, the Odd Fellows has provided physical support in the form of exceptional volunteers! At this time, five current Odd Fellows members are volunteering at

our center on a regular basis: Bob Griffith, Dale Combes, Ed Epley, Elaine Conn, and Jean-Luc Devi. Bob and Jean-Luc come on different mornings each week to be our front door greeters. Jean-Luc has also assisted on several outings. Ed volunteers weekly to socialize with our participants, assist with our walking group, and help with outings from time to time. Elaine provides consulting as needed for our exercise program and Dale provides music therapy about once every other month. We are extremely grateful for the Odd Fellows support, in all of its various forms!



*Thank you
Nurse Cathy*



Cathy Lorensen, RN

*For 8 years of
exceptional care
at Grace Center.
Enjoy retirement!!*

NEW TITLES FOR FULL-TIME PAS

What do you get when you combine the responsibility of leading an exercise program, providing personal care to people with cognitive or physical impairment, facilitating a variety of therapeutic activities, training new staff members, serving a two-course lunch restaurant-style, and tidying up and organizing an 11,000 square foot facility? A Program Specialist! Grace Center's two full-time, previously titled



Chase Knight

Program Assistants have been given the new title of Program Specialist. Chase and Debbie will take the lead amongst the Program Assistants in the above tasks as they work alongside their part-time counterparts. We are lucky to have these hard working, talented individuals who exemplify the mission of Grace Center in their passion for the work they do.



Debbie Watson

IMPROVED SHOWER PROGRAM IS IMPROVING LIVES



Many of Grace Center's participants are in need of professional assistance with showers and grooming as it is either impossible or unsafe to do so where they live. Grace Center has a handicap accessible shower room and dressing room foyer in our facility where we provide showers to individuals who would otherwise have no way to accomplish or receive the personal hygiene they need which is paramount to their health and well-being.

Our shower service program also provides great relief to family caregivers who are at risk of caregiver burnout and therefore benefit from

these services that they would otherwise have to manage on their own; this task would be difficult for many as most of our family caregivers are either elderly spouses or adult children who are working full-time.

As the majority of Grace Center's participants have either a traumatic brain injury or a diagnosis of dementia, participants can find showering overwhelming and sometimes scary, even though they are in a safe environment with caring staff attending to them. This reaction can lead to the refusal of showers which becomes a significant negative impact to their health.

GREETINGS FROM NURSE MARILYN

Hi Grace Center—I'm back and so happy about it!



Marilyn Lanterman, RN

Some may remember that I worked for Grace Center in 2009 for a few months as a Program Assistant while I was waiting for my nursing license to transfer from New Jersey. Once my license transferred, I left GC to peruse work as an RN.

For that first year I worked at New Horizons, here in Corvallis. Then I went off on my own and worked at taking care of Developmentally Disabled persons, my other favorite group. My clients were in Salem, Junction City, Monmouth, and here in Corvallis. I loved working with those folks, but when the Grace Center RN position became available—my DREAM JOB—I was thrilled to apply and be chosen to be here again. I was born and raised in Seattle (a true Northwest native) then lived in New Jersey for many years before moving back to the good old West Coast to be near my family. I have a sister and a cousin here in town. I love Corvallis and think it is the best place in the US for sure. (GO Beavers!)

In NJ I worked with the Developmentally Disabled at the Matheny Hospital for Children with Cerebral Palsey, in the Adult Community Division. I have also worked in Adult Care settings over the years, most often in Assisted Living.

I am looking forward to catching up with my old friends here and meeting and working with all of the new-to-me-people. For me, Grace Center is the epitome of the kind of "special" found here in Corvallis, and I am thrilled to be a part of it.

Thanks to the Kiwanis Grab Bar Program and the OSU Folk Club Foundation, Grace Center has received funds to improve our shower program by making it even more inviting and accessible so that participants, no matter their cognitive state, can feel comfortable enough to benefit from our shower program. Improvements include additional grab bars in the shower room, newly furnished seating area in the dressing room, XL towels, a towel warmer, a heat lamp, additional lighting, a humidifier, an aroma therapy diffuser, and a new paint job.



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Sunday Spaghetti Fundraiser!

Every Sunday in September:
6th, 13th, 20th, & 27th

Buy a spaghetti dinner for \$8.50
and 35% of the proceeds go
directly to Grace Center.
Free refill of spaghetti is included!!

1pm to 8pm at Clodfelters
1501 NW Monroe St, Corvallis

Save the Date: SATURDAY, October 3rd, 5pm

Our annual fundraiser has a new name & a whole new program! The **Grace Center Jubilee** will be a delightful evening held at the Adair Clubhouse. The event will include hors d'oeuvres, drinks, live music, silent & live auctions, raffles, & a buffet dinner. **See front page article for more info!**



Please indicate the number of tickets you wish to purchase:



NUMBER

x

COST

\$50 per ticket

=

TOTAL

\$ _____

I am unable to attend; please accept my tax deductible contribution of \$ _____

Name _____

Address _____

Complete form, make checks payable to **Grace Center**, and mail back in the enclosed envelope. Or, tickets can be purchased online from our website. Reservations will be held at the door. **For more information call 541-754-8417**

