



980 NW SPRUCE AVE., CORVALLIS, OR 97330 OFFICE@GRACECENTER-CORVALLIS.ORG  
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## YOU ARE INVITED!

### 2nd Annual Open House on National Grandparents Day!

We are very excited to announce that Grace Center's Open House Celebration will now be an annual tradition occurring on National Grandparents Day! This year it will be **Sunday, September 8th** from **1pm to 4pm**. Last year's Open House was success with **250 people** attending and **over 20 activities** being offered simultaneously! This year we plan to bring back a lot of favorites and also add in some new activities! Still expect a petting zoo, strawberry short cake, live music & performances, the Grace Center gift shop, and raffle prizes but also expect some **NEW**, extra elements this year like food trucks and a bouncy house! This **free event** is perfect for all ages and is meant to be a celebration of intergenerational communities and all that Grace Center does to support our vision of keeping families together and communities intergenerational. You do not have to be a grandparent or grandchild to come—all are welcome! So **SAVE THE DATE** and **SPREAD THE WORD!**

Sunday  
September 8th  
1pm to 4pm



### Open House Celebration

On National Grandparents Day!

A FREE community event  
All ages welcome  
Food, music, games, petting zoo, & more

980 NW Spruce Ave  
Corvallis, OR 97330  
541-754-8417  
gracecenter-covallis.org

Old is **Bold** —  
Embracing Aging

Grace Center for Adult Day Services

## AGING SUMMIT

Saturday, September 7th  
8:00am-12:30pm

333 NW 35th Street, Corvallis

Free Event; Donations to Grace Center welcome  
Register at: [www.gracecenter-covallis.org](http://www.gracecenter-covallis.org)

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### The Grace Center Aging Summit: New Theme, Same Great Event

Grace Center has another 2nd annual event the very same weekend—The **Grace Center Aging Summit!** This event was also a big success last year with 100 attendees and wonderful reviews from the event survey! This year's theme is "**Old is BOLD—Embracing Aging**". We are thrilled to have esteemed experts and professionals speaking on a variety of topics this year. This year's topics and speakers include "Old is Bold: Applying it to Your Health" by David Haber, "**Creating Community**: Social Engagement vs. Social Isolation" by Margaret Manoogian, "**Aging Naturally**: Connection to Nature, Optimal Development, and Positive Aging" by Ethan McMahon and more. Tom Field, Registered Pharmacist, will have a "**Talk to the Pharmacist**" table available to participants during the event. This event is also **FREE** but donations to Grace Center are welcomed! Please **register at [www.gracecenter-covallis.org](http://www.gracecenter-covallis.org)** (click the Aging Summit slide on the home page) or call 541-754-8417.

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**Participant Spotlight: Queen Brenda**

Did you know that Grace Center has a royal court? It's true! Meet Brenda, the 2019 Queen of Grace Center!



Every Valentines Day, a court of Grace Center participant prince and princesses is presented for voting. Everyone at Grace Center may cast a vote for one King and one Queen. A special ceremony is held on or near Valentines Day where there is live music, punch and treats and all current and past court members are announced and honored by a distinguished masters of ceremonies dressed in suit and tie. All princes receive treats and princesses receive flowers. Then, the anticipated moment arrives, and the voted in King and Queen are announced followed by loud applause! The King and Queen have "thrones", robes, and crowns and a full bouquet is presented to the queen. The dance floor opens up and the King and Queen have the first dance. It is one of the best days of the year at Grace Center!

Besides holding her royal position at Grace Center, Brenda loves to participate in the program! She always starts her mornings at Grace Center with cup of hot cocoa and requests Smokey Robinson for the background music. Her favorite activities include anything to do with music, art activities, "Stories with Chase" in the Library, and Tai Chi. Brenda also gets a good work out in every day by using the Nu-Step workout machine in one of Grace Center's gyms. Another favorite is the Grace Center outings, such as a trip to Storybook Land during the holidays. Brenda has been coming to Grace Center since May 2018. She lives with her daughter Rona who is her primary caregiver. Grace Center gives Brenda a chance to get out of the house and it provides respite to Rona so she can go to work during the week and be assured her mom is safe and cared for. When asked about Grace Center, Rona shared, "It's comforting to me to know mom's there while I'm at work. She totally loves it—she's making friends."

**Thank You to our Newsletter Sponsor:**

If you would like to see your ad or name here, contact us! Our newsletter is sent to over 3,000 community members!

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**"The Art of Caregiving"**  
Video by renowned Dementia Care Specialist  
**Teepa Snow**

Please join us on Thursday, August 15th  
from 2:30pm-4:30pm  
This is a **FREE** event for family caregivers

The video will start at 2:45pm and last 70 minutes  
with a short group discussion to follow. Caregivers  
are free to socialize before and after.  
Snacks and refreshments will be provided. Everyone  
attending will be entered to win a door prize!

**RSVP by August 13th to Briana at  
Office@GraceCenter-Corvallis.org**

*For more information, please call (541) 754-8417.  
You can also email your questions to  
Office@GraceCenter-Corvallis.org*



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[www.gracecenter-corvallis.org](http://www.gracecenter-corvallis.org)

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at the Open House!



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